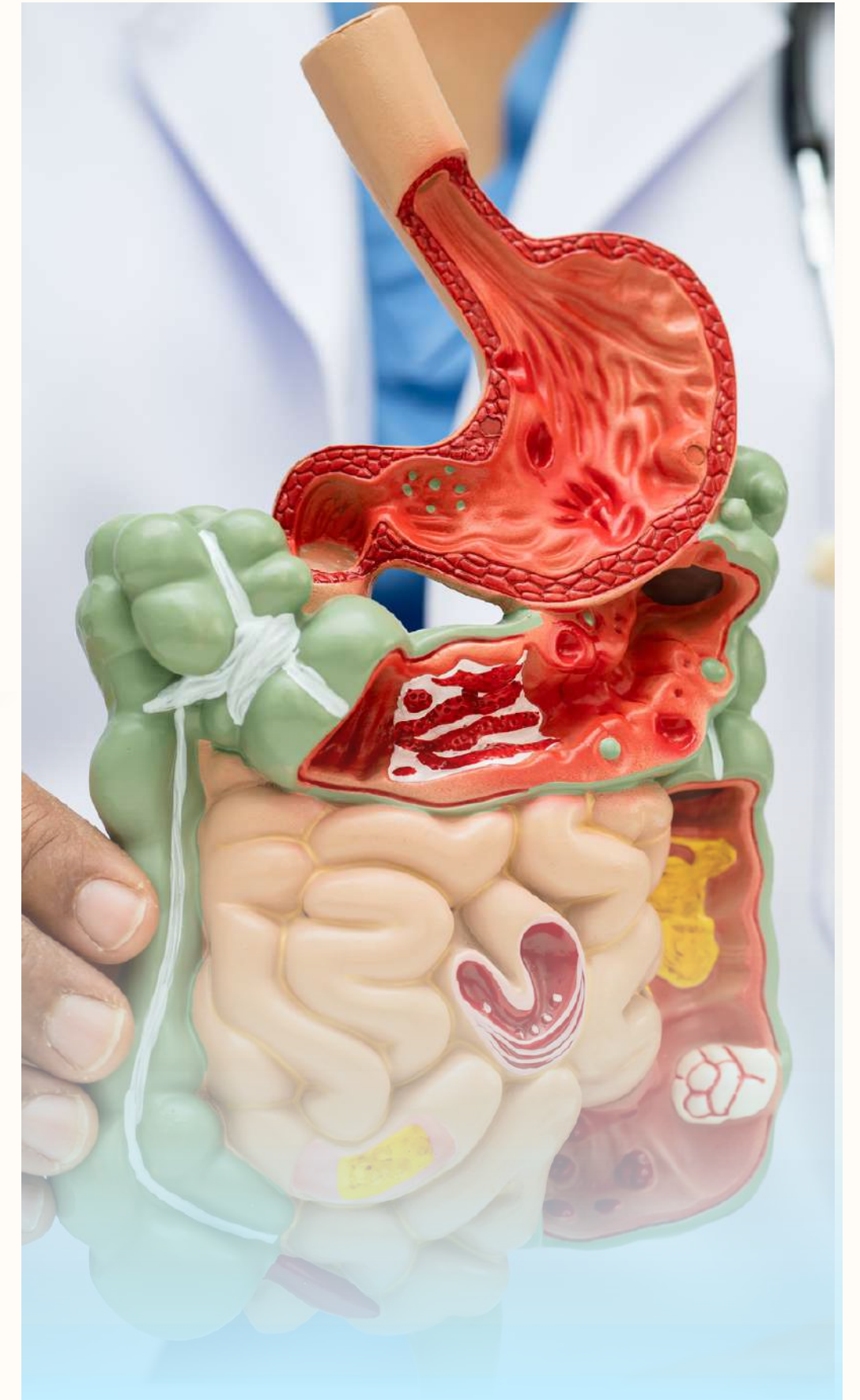




CHECK-UP PREMIUM

Healthy Gastrointestinal Tract



- Do you experience abdominal discomfort?
- Do heartburn, bloating, constipation, or diarrhea interfere with your daily life?



Check your health in just 1 day!

Don't put it off — get a comprehensive check-up and receive personalized recommendations from your doctor.

Who is this Check-Up recommended for?



Persistent discomfort

If you regularly experience discomfort in your gastrointestinal tract.

Unpleasant symptoms

If you are bothered by heartburn, bloating, or other unpleasant digestive symptoms.

Comprehensive assessment

If you want a comprehensive evaluation of your gastrointestinal health.

Family history

If you have a family history of gastrointestinal diseases.

Gastroenterologist consultation



Questions and Recommendations
Personalized recommendations from the doctor.



Determining the Required Diagnostics
Selection of the necessary examinations.



Specialist Examination
Collection and review of the patient's medical history.

Laboratory tests:



Complete Blood Count (CBC)

- Helps detect signs of inflammation and anemia.

Biochemical Blood Test

- ALT, AST, total bilirubin, GGT — markers used to assess liver and biliary tract function.

Stool Tests:

- Pancreatic elastase — assessment of pancreatic function.
- Calprotectin — helps detect inflammatory processes in the intestines, including when IBS or IBD is suspected.
- Colonoflor-16 — assessment of the intestinal microbiota and detection of pathogenic bacteria.
- Helicobacter pylori — ^{13}C urea breath test or rapid biopsy test during EGD.
- Stool test for helminth eggs and protozoan cysts — detection of intestinal parasites.
- Coprogram (stool analysis) — assessment of digestion, signs of inflammation, and the presence of abnormal components.



FGDS or ultrasound: which to choose?



- FGDS (gastroscopy) allows for the detection of gastritis, peptic ulcer disease, reflux, and also the diagnosis of *Helicobacter pylori* infection.
- An alternative is a gastric ultrasound (if the patient refuses FGDS) – it helps assess gastric motility and identify indirect signs of reflux, inflammatory changes, and gastritis.



FGDS or ultrasound: which to choose?



Ultrasound examination allows us to assess the condition of the following organs:

- liver
- gallbladder
- pancreas
- spleen

Ultrasound also helps to identify possible pathological changes and signs of inflammatory processes.

Dysbiosis, parasites, and Helicobacter pylori: what else should you check?



The Check-Up includes the following tests:

- **Colonoflor-16** — helps assess the composition of the intestinal microbiota and detect pathogenic microorganisms.
- **Helicobacter pylori** — testing for an infection that may be associated with the development of gastritis and peptic ulcer disease.
- **Stool test for helminth eggs and protozoan cysts** — helps detect parasitic infections.
- **Coprogram (stool analysis)** — helps assess digestive processes and identify possible signs of inflammation.

Taking care of your gastrointestinal health is easy!

Everything in just 1 day: a comprehensive examination, review of your results, and a personalized plan for the next steps.

- Price: 109,900.00 ₺

Book your CHECK-UP today and say goodbye to discomfort!



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