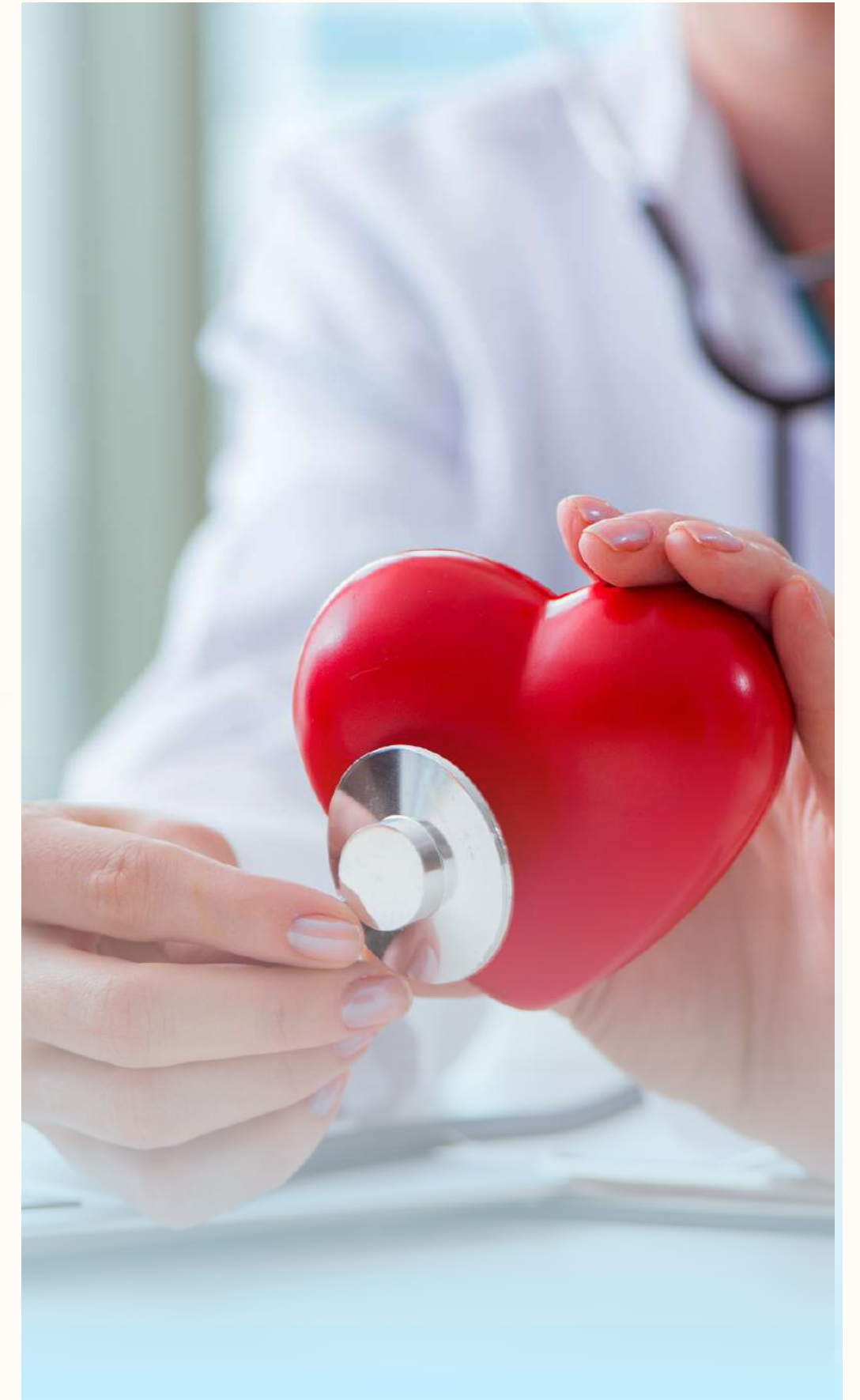




BASIC CHECK-UP

Healthy Heart



- Do you experience chest discomfort, shortness of breath, or fluctuations in blood pressure?
- Do you experience increased emotional or physical stress?



Check your heart health in just 1 day!

Don't put it off — get a comprehensive check-up and receive clear recommendations from a cardiologist!

Who is this Check-Up recommended for?

- Shortness of breath, chest pain, or fluctuations in blood pressure — if you have symptoms that may indicate heart-related problems.
- Excess weight or a sedentary lifestyle — if you experience high levels of stress or lead a sedentary lifestyle.
- Family history — if there have been cases of heart attacks, strokes, or hypertension in your family.
- Taking care of your heart health — if you want to detect potential problems early and reduce the risk of cardiovascular disease.



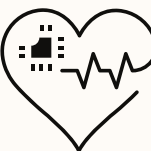
What is included in the “Healthy Heart” Check-Up?



Doctor's Examination



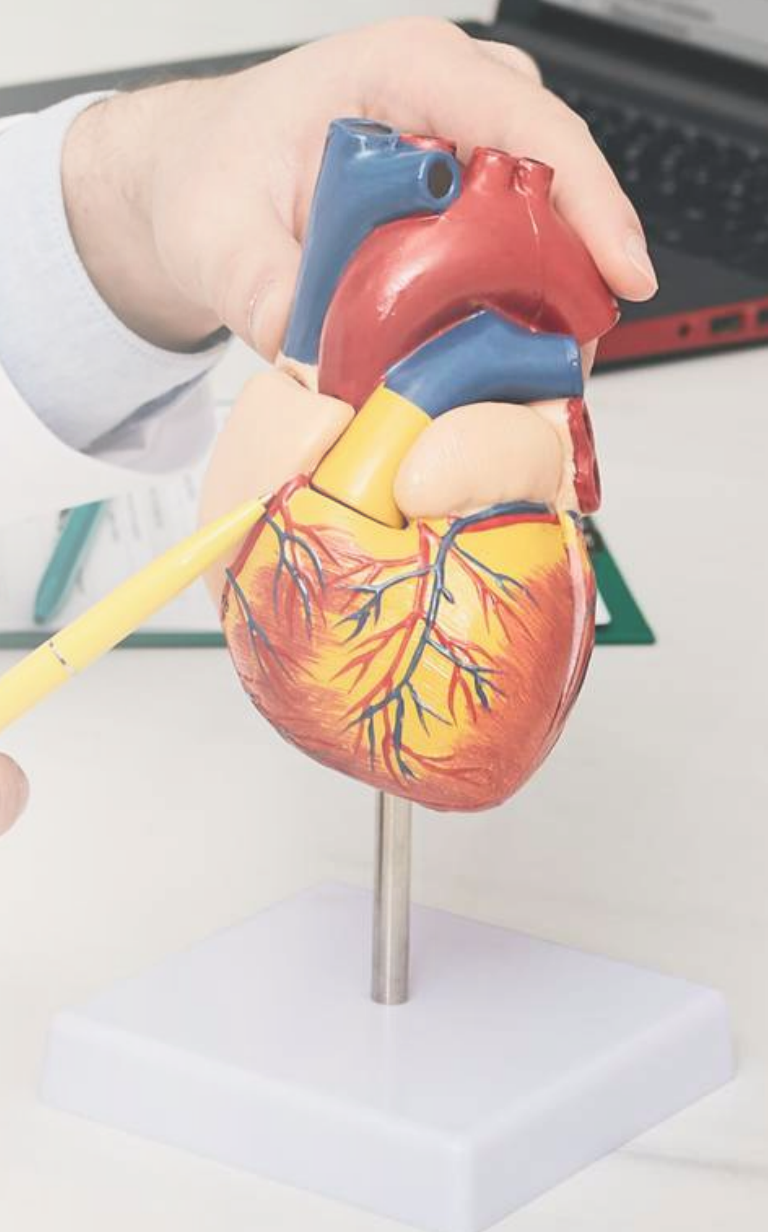
Laboratory Tests



Instrumental Diagnostics



Conclusion and Personalized Recommendations



Cardiologist Consultation



Specialist Examination
Review of the patient's medical history.



Determining the Required Diagnostics
Selection of the necessary diagnostic examinations.



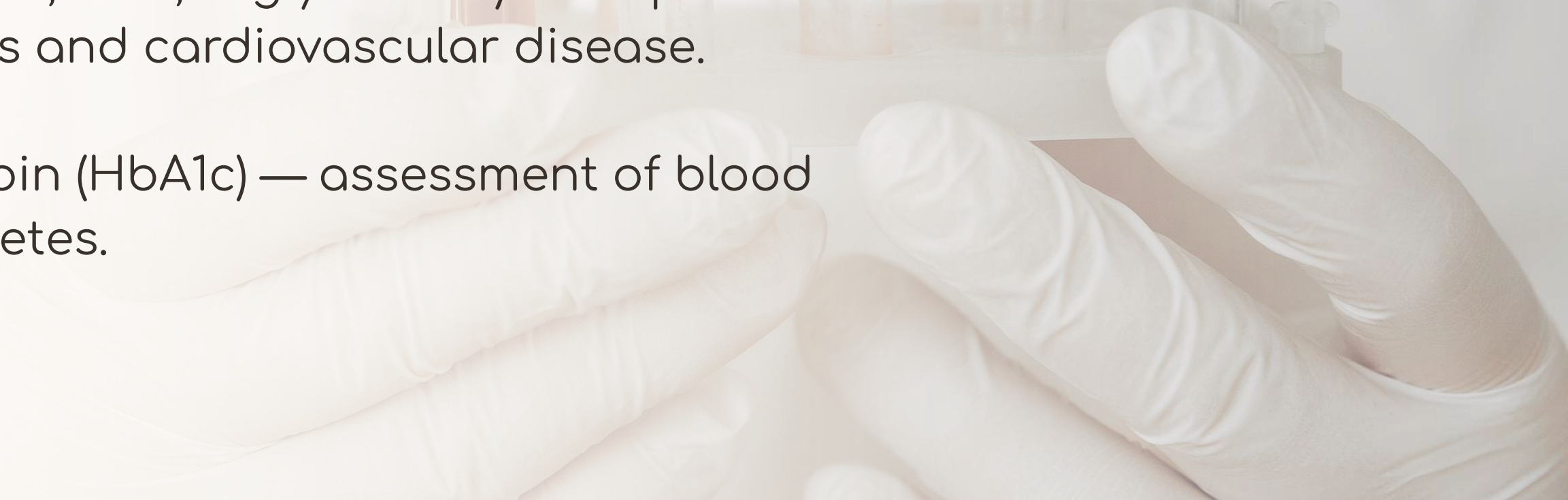
Questions and Recommendations
Personalized recommendations from the cardiologist.

Instrumental Diagnostics

- ECG (Electrocardiogram) — assessment of heart rhythm and cardiac function.

Laboratory Tests

- Complete Blood Count (CBC) — helps detect signs of inflammation and anemia and assess hemoglobin levels.
- Lipid Profile (total cholesterol, LDL, HDL, triglycerides) — helps assess the risk of atherosclerosis and cardiovascular disease.
- Glucose and Glycated Hemoglobin (HbA1c) — assessment of blood sugar levels and the risk of diabetes.





Give your heart the care it deserves!

Get your cardiac Check-Up today, gain a complete picture of your heart health, and take an important step toward a long and healthy life.

Price: 42 300,00 ₸



Bonus:

Personalized recommendations from your doctor on nutrition, physical activity, and lifestyle.



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